



Winter Clothing Checklist:

Simply stated: if you are cold you will not enjoy your dog sled trip. Proper winter clothing is essential for a fun and safe experience. Please make the effort to dress appropriately; you will be happy you did.

✔ Layering:

The 3 W's: When spending an extended amount of time outdoors in winter it is essential to dress in layers. This also you to add or shed layers as your body heats through activity and cools due to inactivity.

Wicking Layer:

This is your base layer, your long underwear. The wicking layer pulls moisture away from your body. Choose synthetic thermalwear like Power Dry, Calamai, Polyester, Varitherm, Capiline, or Thermax. Silk thermalwear is okay.

Avoid: cotton "waffle" long-johns. They absorb moisture and keep you damp.

Warmth Layer:

This is your insulation layer. Fleece or wool pants and Jackets are ideal. Plan on bringing a couple depending on how cold it is and easily chilled you get.

Avoid: cotton sweatshirts and pants, blue jeans, etc.

Wind Layer:

This layer works as a shell to keep the elements out and your body heat in. The more breathable the better, allowing perspiration to escape. Most nylon ski jackets or snow pants work great. Hoods help.

Avoid: cotton jackets (Carhartt), short waist or tight fitting coats, and fur which can distract the dogs.

✔ Other Essentials:

Headwear:

Bring at least one warm hat that covers your ears. A extra hat that is lighter or an ear warmer head-band can also handy on warmer days. Neck gaiters/warmers are a great addition since they not only warm the face but can also be worn as a hat.

Handwear:

Very important to have a pair of gloves or mittens proven to keep your hands warm. An extra pair is also smart. This is usually the first part of your body to get cold. Liner gloves are a nice addition for they allow dexterity when needed. If you are really prone to cold fingers the chemical "Shake and Bake" heat packs are a good idea.

Boots:

Cold feet are no fun make sure you have proper winter boots. Winter Pack boots with a rubber lower and leather or nylon upper and removable foam or felt liner ("Sorel-type"). The boots should be rated well below zero. Mukluks are a great option for they aid warm blood flow to the feet (Steger Mukluks or NEOS Brand). Boots should fit big to allow for your feet to swell as well as having room to wear an additional pair of socks.

Avoid: Leather hunting or work/hiking boots, low-top boots, boots that don't repel snow and moisture, any boot without at least half-inch of insulation, tight boots.

Socks:

Wool or synthetic only. Absolutely NO cotton socks. You can layer a couple of pairs or wear one heavy pair. Always bring extra.

Extras:

There is room in the sleds for you to bring anything else (necessary) you may need. Don't forget your spare gloves, socks, warm layers, etc... As well as your Camera, sunglasses, sunscreen, etc.. and a small pack to put it all in. Please call anytime if you have concerns about your clothing and staying warm.

